



**SHARON  
RECREATION**

# FALL 2025 Program Guide



Sharon Recreation Department 219 Massapoag Avenue Sharon, MA 02067  
781-784-1530 • [www.sharonrec.com](http://www.sharonrec.com)



## Letter from the Recreation Department



**Sharon Recreation Department  
is a proud member of:**

National Recreation & Park Association

Massachusetts Recreation & Park  
Association South Shore Regional Group

### Sharon Recreation Contact Information

219 Massapoag Avenue  
Sharon, MA 02067

781.784.1530  
www.sharonrec.com

**Office Hours: \*subject to change\***  
Monday - Wednesday: 8:00am-5:00pm  
Thursday: 8:00am-6:00pm  
Friday: 8:00am-12:30pm

### Mission Statement

To advance parks, recreation and leisure-time activities that enhance the quality of life in Sharon. The purpose of the Recreation Department is to meet the diverse recreational, cultural, athletic and leisure-time pursuits of the residents of Sharon with a broad based comprehensive program. Recreational programs are organized to encourage participation and enjoyment and should be held at safe and well-equipped facilities on a year-round basis.

### Social Media

Learn about upcoming classes, special events, cancellations and more. "LIKE" the Sharon Recreation Department on Facebook or Follow Us on Twitter @SharonRec\_Dept and receive current information about what is going on.

Fall is a time for change and for many families in Sharon that means new schools, new grades, and a fresh new school year. Here in the Recreation Department, we have also experienced some changes lately, but our goal is still the same: to offer you a great selection of programs and town special events this Fall! This brochure will offer you a glimpse of some of our upcoming and returning Fall programs and townwide special events, such as Sharon Day and Trunk or Treat!

Best,  
Frank Livera, Recreation Director

### Recreation Department Staff

<b>Frank Livera</b>	<b>Recreation Director</b>	flivera@townofsharon.org
<b>Kerry Soby</b>	<b>Assistant Director</b>	ksoby@townofsharon.org
<b>Maura Palm</b>	<b>Secretary</b>	mpalm@townofsharon.org

### Recreation Advisory Committee

**Gary Bluestein, Advisory Chair**  
Steve Ferrara, Lori Morgan, Christopher Valois, Erin Wilkinson, Cheryl Whiting,  
Designated School Committee Liaison  
*Open public meeting every 3rd Thursday of each month.*



### When Can I Register?

**Registration begins Monday, August 25<sup>th</sup> at 12:00pm,** and can be done online at [www.sharonrec.com](http://www.sharonrec.com) or in person. Registration is on a first-come, first-served basis. Specific forms and deadlines can be found online with program information. Non-residents may join designated classes for an additional fee.

### Will I be sent a confirmation?

We do not send e-mails or call to confirm registrations. Consider your registration accepted and report to your class unless the Department notifies you of a cancellation.

### Do I need to sign a photo release?

The Department reserves the right to photograph/film program participants for publicity purposes. Smile! You just may be on the cover of the next Program Guide.

### What happens if a class is filled?

Should programs become filled, you can be placed on a waiting list. We will try to offer additional spots whenever possible. People will be contacted as soon as a spot opens.

### How do I reserve an athletic field?

All groups requesting to use an athletic field must complete a Field Permit Request Form. Any questions regarding field usage and availability, please contact Frank Livera or e-mail [flivera@townofsharon.org](mailto:flivera@townofsharon.org).

### What happens if my check is returned?

There is a \$25 penalty fee payable to the Town of Sharon for returned checks.

### How do I know a program is canceled due to weather?

Participants will be notified if a program is canceled due to weather via e-mail, [sharonrec.com](http://sharonrec.com), and on our Facebook page.

### Notifications

To receive email/text notifications on classes you have registered for, be sure to **OPT IN** to email notifications for cancellations in our recreation software.

### Age Requirements:

If a minimum age is specified for a program, a child must be of that age by the END of the program. If a school grade requirement is specified for a program, it refers to the grade they are currently in, or if summer program, then for grade will be entering.

### Fall 2025 School Calendar Closure/Holidays (Closures are **BOLD**)

<b>September 1st</b>	<b>Labor Day</b>
<b>October 13th</b>	<b>Indigenous Peoples' Day</b>
<b>November 11th</b>	<b>Veterans Day</b>
<b>November 26th-28th</b>	<b>Thanksgiving Recess</b>
<b>November 27th</b>	<b>Thanksgiving</b>
December 23rd-January 2nd	Winter Recess
<b>December 25th</b>	<b>Christmas Day</b>

# 2025 General Information

## Cancellations & Refunds

### What happens if an individual class is canceled?

Every attempt will be made to reschedule a class that has been canceled due to inclement weather, instructor absence or holiday. We are not responsible for making up classes that are missed due to the participant's inability to attend, and refunds/credits are not given for lack of attendance.

### Can I drop out of a class and request a refund?

Refunds will be processed immediately upon request and will take 3-5 business days if credit card payment or 1-2 weeks to receive reimbursement by check.

### What happens if my child is sick?

We follow the same procedures as the school system. We would appreciate that you keep your child home and fever-free for 24 hours as to not make others ill!

### Canceled by the Recreation Department

Full Refund– No Processing Fee

### Participant cancels before start of class

\$10 processing fee and must give a full week notice before start of class.

### Requests cancellation after class begins

After Class begins no refunds are issued unless Medical Withdrawal requirements are met.

### Medical Withdrawals

Should a participant need to withdraw from a program due to a major injury/illness after the withdrawal period has passed or the program start, we will issue a refund only if a doctor's note is submitted within 5 days of notification. No refunds or credits will be issued if notification is made after the program has ended. **Note:** 1) Medical withdrawals are allowed for major injury or major illness which is defined as not being able to participate in the program. Common colds, ear, nose & throat infections, and general distress will not be covered under a medical withdrawal. 2) Refunds will be pro-rated for any dates that the participant has attended.

### Weather Policy

Some of our programs and classes rely on fair weather conditions. When conditions are not considered ideal whether it be heat/cold/rain, Sharon Recreation and the Vendor work together for a solution, however, sometimes not all hours or days can be made up. When that occurs, there are no refunds or credits.

**Winter 2026 Guide coming  
December 2025**





REGISTER YOUR VEHICLE BY FRIDAY OCTOBER 17TH

#### LOOKING TO VOLUNTEER?

REGISTER A VEHICLE WITH YOUR FAMILY, ORGANIZATION, OR BUSINESS TO DECORATE A TRUNK AND HAND OUT CANDY AT SHARONREC.COM

VOLUNTEER TO HELP RUN THE EVENT BY EMAILING KSOBY@TOWNOFSHARON.ORG



#### Karate - Ages: 7+

Location: Community Center Ballroom

Students will learn the fundamental stances, blocks, punches, and kicks of Shorinji Ryu Karate. Beginners and advanced students work together in groups and one-on-one with instructors. In addition, pre-arranged patterns of movements (forms/kata) will be taught along with self-defense techniques. This program celebrates over 50 years as a Community Center Program!

Instructor: Roger Milne

Min/Max: 1/30 (7 classes)

Session	Day	Time	Dates	Fee
Fall 1	WED	6:30pm-7:30pm	9/3-10/15	Res: \$85 NR: \$95
Fall 2	WED	6:30pm-7:30pm	10/22-12/10 OFF 11/26	Res: \$75 NR: \$85
Winter	WED	6:30pm-7:30pm	1/7-2/5 OFF 2/18	Res: \$85 NR: \$95



#### Yoga Flow - Ages: 18+ Location: Sharon Community Center Ballroom or outdoors Community Center lawn (weather permitting)

Each class provides an all levels systematic and intentional approach to understanding your mind and body. You will be intentionally guided towards a peak posture with attention to muscle activation and focused stretching, all while exploring relatable yogic philosophy. With a focus on smaller steps leading toward greater outcomes that work for you specifically, you will be skillfully lead through challenges that foster growth on and off the mat. Please bring a yoga mat and two yoga blocks.

Instructor: Heidi Kassner, E-RYT 500.

Min/Max: 8/30 Fall 1 (8 classes) • Fall 2 (6 classes)

Session	Day	Time	Dates	Fee
1	FRI	9:30am-10:30am	9/5-10/31 OFF 10/17	Res: \$96 NR: \$106
2	FRI	9:30am-10:30am	11/7-12/19 OFF 11/28, 12/26	Res: \$72 NR: \$82

# Athletics

#### Little Soccer Stars with

Coach Kerry Saturdays - Ages: 3-5

Location: Ames Street Field

This program is the perfect way to get your little one into the great game of soccer! This parent/tot class will focus on the very basics of soccer. Each week we will do a variety of activities and easy drills that will teach kids to use their feet and learn the basics of soccer drills. **Parent/guardian participation may be required as part of the program.** Parents will help kids remain focused and engaged in the activities, and some of the activities are structured around parents playing too!

Instructor: Coach Kerry

Min/Max: 10/20 (6 classes)

Ages	Day	Time	Dates	Fee
3	SAT	9:00am-9:45am, 10:00am-10:45am,	9/13-10/25 OFF 10/11	Res: \$82 NR: \$92
4-5	SAT	11:00am-11:45am	9/13-10/25 OFF 10/11	Res: \$82 NR: \$92

#### Sharon Soccer Stars - Ages: 5-25

Location: Gavins Pond Field 2

The Sharon Soccer Stars program is designed for children with disabilities to gain the opportunity to learn about and play soccer in a relaxed, supportive, friendly, and fun atmosphere!

Instructor: Katie Dykeman-Currul

Min/Max: 5/20

Session	Day	Time	Dates	Fee
Fall	SUN	12:00pm-1:00pm	9/14-10/26 OFF 10/11	Res: \$25 NR: \$35





# Athletics



## Flag Football with New England Flag Football Location: Sharon Middle School

New England Flag Football runs and facilitates flag football program across New England. We offer recreational and competitive flag football for boys and girls ages between 3-15, we organize teams based upon age groups, schools, friend requests (when possible).



The New England Flag football league for boys and girls ages 3-15, the program provides young players a fun and exciting opportunity to engage in non-contact, continues action while learning lessons in teamwork.

The goal of the NEFFL is for everyone to play, teams are typically small with between 7-10 players, which gives every player a chance to be an important part of the team. Our focus is on making sure everyone is having fun while learning the basics of the game, teamwork, and important lessons in sportsmanship.

Each player will receive a jersey and flag football belt, football for the team, certificate of excellence, trophies for finalists, and a minimum of 7 weeks of flag football games. Each team will hold one practice per week or more if the team agrees on it, practices are right before the game each week.

Our Town of Sharon Flag Football league will be on Sunday mornings starting September 14th -November 2nd (No games October 11th). Games will begin at 9am and we will be going youngest division to start and end with our oldest division. **Volunteer coaches are needed to run the program (practices and games will be Sundays only, maximum two coaches per team).**

**All games will be played at Sharon Middle School  
Make up Rain Date 11/9**

Divisions	Day	Time	Dates	Fee
Lil Ballers (ages 3-5)	SUN	9:00am-11:00am	9/14-11/2 <b>OFF 10/11</b>	\$99 per player
U6 (PreK & Kindergarten)	SUN	9:00am-1:00pm	9/14-11/2 <b>OFF 10/11</b>	\$140 per player
U8 (Grades 1&2)	SUN	9:00am-1:00pm	9/14-11/2 <b>OFF 10/11</b>	\$180 per player
U10 (Grades 3&4)	SUN	9:00am-1:00pm	9/14-11/2 <b>OFF 10/11</b>	\$180 per player
U12 (Grades 5&6)	SUN	9:00am-1:00pm	9/14-11/2 <b>OFF 10/11</b>	\$180 per player
U15 (Grades 7,8,9)	SUN	9:00am-1:00pm	9/14-11/2 <b>OFF 10/11</b>	\$165 per player

### Registration cut off August 24th

Schedule is subject to change based on registration numbers

### Program Coordinators:

Dan Spence and Erica Hyland  
sharon@newenglandflagfootball.com

### Mandatory Evaluation

You only need to attend one session:

**August 19th and/or August 25th  
at Sharon Middle School**

**5:30-6:30 U8 (1st & 2nd grade)  
& U10 (3rd & 4th grade)**

**6:30-7:30 U12 (5th & 6th grade)  
& U15 (7th, 8th & 9th grade)**

### Volunteers Needed!

If you are available to help with assessments and/or want to coach, please reach out to sharon@newenglandflagfootball.com

## On The Mark Archery

Grade: 4+ and Adults

Location: Pequitside Farm, 79 Pleasant St,  
Canton, MA 02021

Join On the Mark Archery and learn the martial art of archery using beautiful wooden recurve bows to focus more on the form and technique rather than just the aiming. Build character, self-esteem and confidence with each triumph and tribulation on the range as you work hard to achieve consistent success! Unique lesson plans implement skill building drills with unique games that include prizes to keep students engaged throughout the program. All equipment provided and class is led by teams of certified USA Archery instructors.

**Instructor:** On The Mark Archery

**Min/Max:** Maximum 10 participants (4 classes)



Session	Day	Time	Dates	Fee
1	SUN	5:00pm-6:00pm	9/14-10/5 <b>OFF 10/12</b>	Res:\$182 NR: \$192
2	SUN	4:00pm-5:00pm	10/19-11/9	Res:\$182 NR: \$192





# Basketball

## Girls and Boys Recreation League Grades: 3-8

“Rec Hoops” is back! Boys and girls are divided into leagues based on grades. Players participate in a mandatory one-night player evaluation. Each team consists of 9-12 players. Every team plays 7-10 regular season games and 1-3 playoff games! In addition, there is one week-night commitment, Tuesday through Thursday for practices. This league is great for beginners and experienced players.

Sample Saturday game schedule. Divisions, times and days are all subject to change based on enrollment.

Division	Day	Time	Location	Fee
Boys 3	SAT	9:00am-10:00am 10:00am-11:00am	Cottage	Res: \$130
Boys 4	SAT	11:00am-12:00pm 12:00pm-1:00pm	Cottage	Res: \$130
Boys 5	SAT	1:00pm-2:00pm 2:00pm-3:00pm 3:00pm-4:00pm	Cottage	Res: \$130
Girls 3-4	SAT	9:00am-10:00am 10:00am-11:00am 11:00am-12:00pm	East	Res: \$130 NR: \$140
Girls 5-6	SAT	12:00pm-1:00pm 1:00pm-2:00pm 2:00pm-3:00pm	East	Res: \$130 NR: \$140
Girls 7-8	SAT	9:00am-10:00am 10:00am-11:00am	Middle	Res: \$130 NR: \$140
Boys 6	SAT	11:00am-12:00pm 12:00pm-1:00pm	Middle	Res: \$130
Boys 7-8	SAT	1:00pm-2:00pm 2:00pm-3:00pm 3:00pm-4:00pm	Middle	Res: \$130

No basketball activities will be held on:  
12/27, 1/17, 2/14, 2/21, 1/3/26  
December Vacation: 12/24-1/4  
February Vacation: 2/14-2/22

Once the teams are formed and posted,  
sorry, refunds are not available.

Below is an example of the practice schedule from last year's season. Times and days of the week is subject to change based on 2025 registration numbers.

### Location: Cottage

Time	Tue	Wed	Thu
6:00pm-7:00pm	Boys 7-8	Boys 6	Girls 7-8
7:00pm-8:00pm	Boys 7-8	Boys 6	Girls 7-8
8:00pm-9:00pm	Boys 7-8		

### Location: East

Time	Tue	Wed	Thu
6:00pm-7:00pm	Girls 5-6	Boys 4	Boys 5
7:00pm-8:00pm	Girls 5-6	Boys 4	Boys 5
8:00pm-9:00pm	Girls 5-6		Boys 5

### Location: Heights

Time	Tue	Wed	Thu
6:00pm-7:00pm	Boys 3	Girls 3-4	
7:00pm-8:00pm	Boys 3	Girls 3-4	
8:00pm-9:00pm		Girls 3-4	

## Help Wanted!

Gym and scoreboard monitors needed for the basketball season. Part-time position for Saturdays 8:30am-5:00pm beginning in December and concluding in March. If interested, please send application to Frank Livera at [flivera@townofsharon.org](mailto:flivera@townofsharon.org)

## High School Basketball

Grades: 9-12 Location: Middle School

Are you ready for some basketball? This games-only favorite is back for another exciting year. This will be a grades 9-12 league. No registration will be accepted after December 5th.

Grades	Day	Time	Games	Fee
Boys 9-12	SUN	1:00pm-5:00pm	1/11-3/15 OFF 1/18 & 2/15	Res: \$130

## Instructional Basketball Clinic

Grades: K-2 Location: Heights Elementary School

Join us for your child's first introduction to basketball! This program teaches the basics from dribbling to shooting. Each week participants will learn new skills through warm-ups, drills, and mini-games.

Instructor: Sharon Recreation Department staff

FEE: Res: \$70

Session	Day	Dates	Grade	Time
1	SAT	12/6-1/17 OFF 12/27, 1/3/	K	9:00am-9:45am
			1	10:00am-10:45am
			2	11:00am-11:45am
			1&2	12:00pm-12:45pm
2	SAT	1/24-3/7 *OFF 2/14, 2/21	K	9:00am-9:45am
			1	10:00am-10:45am
			2	11:00am-11:45am
			1&2	12:00pm-12:45pm



## Important Dates, Deadlines & League Notes

Registration Start Date: 8/25	Please register early! Registering early gives us the best information to make decisions regarding the schedule and league structure.
Registration End Date: FRI 10/31 at midnight	We will not accept any registrations after October 31st. Please plan accordingly and register early.
Player Evaluation Nights: 11/10, 11/12 & 11/13	Mandatory 1-night evaluation for all players to be placed on a team. Evaluation schedules can be found online in the middle of October.
League Schedules and Rosters	Posted on our website two weeks before the start of the season.
Practices Start: Week of 12/1	Exact nights will be posted to <a href="http://www.sharonrec.com">www.sharonrec.com</a> two weeks before start.
Games Start: SAT 12/6	Saturday Games



# Fall Programs

## On the Barre Dance Studio: Twinkle Toes for Preschoolers - Ages: 3-5

Location: Sharon Adult Center Fitness Room

A 45-minute class learning beginner ballet, fun creative movement activities, and basic tumbling. Class Prerequisites: Must be ages 3-5, must be potty-trained, must adhere to proper dress code: leotard, tights, skirt optional, hair up, proper ballet shoes.

Instructor: Miss Koty

Min/Max: 5/12 Session 1 (7 classes)  
Session 2 (6 classes)



Session	Day	Time	Dates	Fee
1	WED	4:30pm-5:15pm	9/17-10/29	Res:\$120 NR: \$130
2	WED	4:30pm-5:15pm	11/5-12/17 OFF 11/26	Res:\$120 NR: \$130

## On the Barre Dance Studio: Jazz Dance

Grades: 1-5 Location: Sharon Adult Center Fitness Room

A 45-minute class learning the basics of Jazz dance, technique and fun routine. Must adhere to proper dress code: leotard, tights, hair up, proper dance shoes.

Instructor: Miss Koty

Min/Max: 5/15 (7 classes)



Session	Day	Time	Dates	Fee
Fall	WED	5:15pm-6:00pm	9/17-10/29	Res: \$120 NR: \$130

## On the Barre Dance Studio: Adult Tap - Beginner

Ages: 18+ Location: Sharon Adult Center Fitness Room

A 45-minute intro to tap dancing for adults. Absolute beginner course for adult tap dancers. No experience required. Class Prerequisite: Must be 18+. Tap shoes and non-restrictive clothing.

Instructor: Miss Koty

Min/Max: 5/15 Session 1 (7 classes)  
Session 2 (6 classes)



Session	Day	Time	Dates	Fee
1	WED	6:00pm-6:45pm	9/17-10/29	Res:\$120 NR: \$130
2	WED	6:00pm-6:45pm	11/5-12/17 OFF 11/26	Res:\$120 NR: \$130

## On the Barre Dance Studio:

Adult Ballet - Ages: 18+

Location: Sharon Adult Center Fitness Room

A 45-minute intro to tap dancing for adults. All levels welcome. No experience required. Class Prerequisite: Must be 18+. Ballet shoes and non-restrictive clothing.

Instructor: Miss Koty

Min/Max: 5/15 Session 1 (7 classes)  
Session 2 (6 classes)



Session	Day	Time	Dates	Fee
1	WED	6:45pm-7:30pm	9/17-10/29	Res:\$120 NR: \$130
2	WED	6:45pm-7:30pm	11/5-12/17 OFF 11/26	Res:\$120 NR: \$130

## On the Barre Dance Studio: Adult Tap

Intermediate/Advanced Ages: 18+

Location: Sharon Adult Center Fitness Room

A 45-minute tap dancing class for adults, taught at an intermediate and advanced pace. Class Prerequisites: Must be 18+. Tap shoes and non-restrictive clothing.

Instructor: Miss Koty

Min/Max: 5/12 Session 1 (7 classes)  
Session 2 (6 classes)



Session	Day	Time	Dates	Fee
1	WED	7:30pm-8:15pm	9/17-10/29	Res:\$120 NR: \$130
2	WED	7:30pm-8:15pm	11/5-12/17 OFF 11/26	Res:\$120 NR: \$130



## On the Barre Dance Studio: Music and Movement

Ages: 3-5 Location: Community Center Multi

Purpose Room

A 45-minute class exploring dance through storytelling and creative movement.

Instructor: Miss Lillian

Min/Max: 5/12 Session 1 (7 classes)  
Session 2 (6 classes)



Session	Day	Time	Dates	Fee
1	THU	4:15pm-5:00pm	9/18-10/30	Res:\$120 NR: \$130
2	THU	4:15pm-5:00pm	11/6-12/18 OFF 11/27	Res:\$120 NR: \$130

## Resin Art Workshops - Fall Theme: Beginners

Ages: 15+ Location: Community Center - Art Room

Get creative this fall with a series of themed Resin Art Workshops! Join our beginner-friendly Resin Art Workshop and learn the basics of resin mixing, coloring, and design while crafting a custom piece—cozy coasters, trinket trays, bookmarks, or keychains. All materials provided—just bring your autumn spirit!

- September - Create cozy, autumn-inspired coasters, trays, bookmarks, or keychains using warm colors and natural elements.
- Celebrate spooky vibes in October with Halloween-themed resin pieces—think glow-in-the-dark pigments and spooky embellishments.
- Get into the holiday spirit in November by crafting festive coasters, trays, bookmarks, or keychains perfect for gifting or décor.

Instructor: Aditi Mehta

Min/Max: 3/9

Session	Day	Time	Dates	Fee
Fall	THU	5:00pm-6:30pm	9/11, 10/9 & 11/6	Res: \$60 NR: \$70

## On the Barre Dance Studio: Hip Hop Dance

Grades: 1-5 Location: Sharon Adult Center Fitness Room

A 45-minute class learning the basics of Hip Hop dance! Must adhere to proper dress code: leotard, tights, loose fitting clothing overdress code is optional, hair up, proper dance shoes.

Instructor: Miss Koty

Min/Max: 5/15 (6 classes)



Session	Day	Time	Dates	Fee
Fall	WED	5:15pm-6:00pm	11/5-12/17 OFF 11/26	Res: \$120 NR: \$130

## Resin Art Workshops - Fall Theme: Advanced

Ages: 15+ Location: Community Center - Art Room

Take your resin art skills to the next level! Explore advanced resin techniques across our Fall, Halloween, and Holiday-themed workshops—create stunning charcuterie boards, beach trays, or resin wall art while mastering effects like layering, embedding, wave textures, and metallic accents. Walk away with a stunning charcuterie board, tray, or resin wall art—crafted entirely by you! All materials provided—just bring your autumn spirit!

- September – Fall Theme: Create a stunning charcuterie board, autumn-inspired tray, or resin wall art using warm tones, metallic powders, and embedded leaves or florals.
- October – Halloween Theme: Get spooky and creative! Craft elegant pieces like a black-gold charcuterie board, a glow-in-the-dark tray, or haunted-inspired wall art using embedded elements like spiders, bats, or skulls.
- November – Holiday Theme: Ring in the festive spirit with our holiday resin workshop! Design a cheerful charcuterie board, glittery tray, or winter-themed resin wall art using snowflake molds, sparkles, and classic holiday colors.

Instructor: Aditi Mehta

Min/Max: 3/9

Session	Day	Time	Dates	Fee
Fall	THU	5:00pm-6:30pm	9/18, 10/16, & 11/13	Res: \$75 NR: \$85



# Fall Programs

## New England School of Protocol

View NEW ENGLAND SCHOOL OF PROTOCOL  
class descriptions at [www.sharonrec.com](http://www.sharonrec.com)



Class	Grade	Day	Date	Time	Fee
Children's Dining Etiquette Workshop	2-7	MON	10/20	4:00pm-5:30pm	Res: \$84 NR: \$94
Children's Social Skills Workshop	2-7	MON	10/20	5:30pm-7:00pm	Res: \$84 NR: \$94
Pre-Teen Texting, Email and Social Media Etiquette Workshop	5-8	MON	10/20	7:10pm-8:15pm	Res: \$78 NR: \$88
Children's "Prep for Thanksgiving" Dining Workshop	2-7	THU	11/11	4:00pm-5:30pm	Res: \$84 NR: \$94
Children's Conversation Skills Workshop	2-7	THU	11/11	5:30pm-7:00pm	Res: \$84 NR: \$94
Teen College & Job Interview Prep Workshop	8-12	THU	11/11	7:00pm-8:30pm	Res: \$84 NR: \$94
Children's "Prep for the Holidays" Dining Etiquette	2-7	WED	12/10	4:00pm-5:30pm	Res: \$84 NR: \$94
Children's Social Skills Workshop	2-7	WED	12/10	5:30pm-7:00pm	Res: \$84 NR: \$94
Teen College & Job Interview Prep Workshop	8-12	WED	12/10	7:00pm-8:30pm	Res: \$84 NR: \$94



### Babysitting/CPR Class - Grades: 6-8 Location: Community Center

**BLAST! - Babysitter Lessons And Safety Training.** Join us for a Babysitting workshop and get CPR/AED certified too! We will cover how to react responsibly to medical emergencies, perform first aid for common childhood injuries, how to best call 911 and how to prevent and relieve choking. You'll be prepared to interview for a babysitting job, select safe activities for children of different ages and run your own babysitting business. You'll leave with a certificate of completion for babysitting, a first aid book, and upon successful completion, you will also be certified in CPR/AED.  
**Instructor:** Juanita Allen Kingsley, W-EMT  
**Min/Max:** 6/12

Session	Day	Time	Dates	Fee
Fall	WED	3:15pm-6:00pm	11/5	Res: \$85 NR: \$95

### Home Alone Safety Class

**Grades: 3-5 Location: Community Center**

Learn the basics of being safe when home alone for short periods of time. Class will cover:

- Telephone, door, and internet safety
- First aid techniques
- Choking prevention and relief
- How to call 911

**Instructor:** Juanita Allen Kingsley, W-EMT

**Min/Max:** 6/15

Session	Day	Time	Dates	Fee
Fall	WED	2:00pm-3:15pm	11/5	Res: \$50 NR: \$60

### Pediatric First Aid & CPR/AED - Ages: 16+ Location: Community Center

The ASHI Pediatric CPR, AED, and First Aid training program provide an ideal training solution for schools, Scout Leaders, childcare providers, youth sports coaches, and others required to learn how to respond to medical emergencies involving children and infants. Topics covered include:

- First Aid Basics,
- Medical Emergencies
- Injury Emergencies
- Environmental Emergencies
- Adult and Pediatric CPR & AED. 2-year certification upon completion.

**Instructor:** Juanita Allen Kingsley, W-EMT

**Min/Max:** 6/12

Session	Day	Time	Dates	Fee
Fall	WED	6:00pm-8:15pm	11/5	Res: \$80 NR: \$90





# Community



## Participant's Code of Conduct Equal Access:

No participant shall, on the basis of race, creed, national origin, or disability, be denied access to programs, activities, services or benefits, or be limited in the exercise of any right, privilege, advantage or opportunity.

## Behavior:

Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make Recreation Department programs safe and enjoyable for all participants. Additional rules may be developed for particular programs as deemed necessary by staff.

## Participants Shall:

- Show respect to all participants, volunteers and staff.
- Refrain from foul language.
- Refrain from causing bodily harm to other participants, volunteers and/or staff.
- Show respect for all equipment, supplies and facilities.

## Discipline:

A positive approach will be used when determining disciplinary action. The Sharon Recreation Department reserves the right to dismiss a participant. Each situation will be evaluated on its own merit.

## Sharon Community Resources

**Sharon Community Chorus**  
scc-ma.org

**Sharon Cultural Council**  
mass-culture.org/sharon

**Sharon Community Education**  
sharoncommunityeducation.com

**Sharon Public Library**  
sharonpubliclibrary.org

**Sharon Community TV**  
sharontv.com

**Sharon Dog Park**  
sharondogpark.org

**Sharon Lions Club**  
sharonmalions.lionwap.org

**Sharon Rotary Club**  
sharonrotary.org

**Sharon Parents Club**  
sharonparentsclub.com

**Sharon Adult Center/COA**  
sharoncoa@townofsharon.org

**Sharon Historical Society**  
sharonhistoricalsociety.org

**Sharon Friends of Conservation**  
sharonfoc.org

**Sharon Community Garden**  
sharoncommunitygarden.org

**Sharon Travel Basketball**  
sharonbasketball.org

**Sharon Youth Softball**  
sharonsoftball.com

**Sharon Youth Baseball**  
sybsa.org

**Sharon Youth Lacrosse**  
sharonlacrosse.org

**Sharon Youth Soccer**  
sharonsoccer.org

**Town Hall**  
(781) 784-1500  
www.townofsharon.net.

TownofSharonMA  
 @TownofSharonMA

**Sharon Police Department**  
(781) 784-1587  
(non-emergency)

SharonMAPoliceDepartment  
 @SharonMAPolice

**Sharon Fire Department**  
(781) 784-1522 (non-emergency)

**Department of Public Works**  
(781) 784-1525







219 Massapoag Avenue | Sharon, MA 02067  
781-784-1530 | [www.sharonrec.com](http://www.sharonrec.com)

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**Registration begins  
on Monday, August 25th at 12:00pm**



Sharon  
Recreation Department  
**2025**  
Fall Program Guide

Register for programs and events:  
**[www.sharonrec.com](http://www.sharonrec.com)**



**New!** We are on Instagram.  
Follow us [#sharonmarecdept](https://www.instagram.com/sharonmarecdept)